

Alumwell Infant School



Learn, Grow and Achieve

Alumwell Infant School Relationship & Sex (RSE) Policy

Signed by The Chair of The Governing Board:	Signed copy available in school office.
Date policy ratified by governing body:	17th July 2023
Date of policy's review:	July 2026
Review Schedule:	Every 3 years
Policy Author:	WMBC (Model Template) Amended July 2025 (AS / BC)

Article 29 'Education must develop every child's personality, talents and abilities to the full'

Article 19 'Children have the right to be protected from being hurt'

UNICEF – UN Convention of the Right of the Child 1989

'Today's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents a many positive and exciting opportunities but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy and how to manage their academic, personal and social lives in a positive way'

Secretary of State for Education Foreword, July 2018

Introduction

This policy outlines the purpose, nature and management of relationships and sex taught in our school. It should be read alongside the PHSE policy.

What is Relationships and Sex Education? Relationships and Sex Education is learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health. Some aspects are taught in science, and others are taught as part of personal, health, social and economic education (PHSE). **At Key Stage 1 Sex Education is not taught explicitly.** We aim to develop relationships in the context of a broad and balanced curriculum that is part of the wider framework of Personal, Social and Health Education (PSHE) and Citizenship. SRE should enhance learning through:

- Attitudes and values
- Personal and social skills
- Knowledge and understanding
- Attitudes and values:
- Learning the value of family life within stable and loving relationships for the nurture of the children
- Learning the value of respect, love and care
- Learning to manage emotions and relationships with confidence and sensitivity
- Developing self-respect and empathy for others

- Learning to make choices based on an understanding of difference and with an absence of prejudice
- Developing an appreciation of the consequences of choices made
- Managing conflict
- Developing skills in personal relationships, e.g. friendships, bullying, building of self-esteem, communication, assertiveness
- Helping children to understand that some touch can be unwelcome and to resist unwanted touch
- Generating an atmosphere where children feel safe to ask questions and raise concerns

We teach RSE through different aspects of the curriculum. Much of this teaching will take place in PSHE sessions. Other subject areas contribute significantly to children's knowledge and understanding of their own bodies, particularly Science and P.E.

Discussion will be encouraged to allow children to share their emotions. Sometimes this will occur as a result of particular things that have happened at school and at home. It is important to respond to these as appropriate and as and when things happen.

The focus in primary schools will be on healthy, respectful relationships, concentrating on family and friendships, on and offline.

The key areas of learning will be:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe.
- Keeping healthy (personal hygiene)

Working with Parents

Children may be withdrawn by their parents from parts of the Relationship and Sex Education programme that are outside the compulsory elements of the National Curriculum. Parents wishing to exercise this right should contact the Head teacher to discuss the aspects of the programme causing concern. The school will include information about Relationship and Sex education in the school website and full details are available on request.

The Designated Safeguarding lead will refer to the school policy and the council's safeguarding procedures and guidelines when dealing with specific topics such as Female Genital Mutilation (FGM) and Forced marriages

Links with the Wider Community

There are a range of people in the community who may be able to support RSE e.g. school nurses, health visitors, nurses, doctors, health related organisations, LA staff. These external agencies can give the pupils access to a wide range of experience and expertise, new resources and different approaches to learning. The use of any external agency must be planned to enhance the provision within school and agreed with the PSHE subject leader. Visitors should be aware of the School's policy on visitors coming into school. Schools should ensure that the professionals adopt a consistent approach similar to that of teaching staff and are aware of the statutory requirements and the school policy on Relationship and Sex education.

E-safety

Teachers will refer to the school policy, teaching pupils to keep themselves safe from harm, both on and offline. E safety is also taught in PSHE.

Use of Language

The requirement of the National Curriculum in Key Stage 1 Science states that pupils should be able to name the external parts of the human body. This provides grounding for pupils to confidently use the correct words for sexual parts as they mature.

Answering Difficult Questions

Ground rules are essential to provide an agreed structure to answering sensitive or difficult questions. Teachers should endeavour to answer questions as honestly as possible but if faced with a question they do not feel comfortable answering within the classroom, provision would be made to meet the individual child's needs. This may involve referring the child back to their parent/carer, school health advisor/school nurse for an answer or seeking advice from the PSHE coordinator or Head Teacher.

Review and Monitoring

The policy will be monitored and evaluated by:

- PSHE Co-coordinator
- Senior Leadership Team (SLT)
- Governors

Other Related Policies:

- Child Protection/Safeguarding Policy

- Behaviour Policy
- Anti-bullying Policy
- Equal opportunities/Race Discrimination Policy
- Health and Safety Policy
- E-safety Policy
- Drugs, Tobacco and Alcohol Policy

Policy to be reviewed 2026